



Standard Operating Procedure

Procedure Title:	Blood Pressure Cuff Comparison
Date:	1/25/22
Version:	1.0
Department:	Clinical
Approved By:	Brooke Gregory

Purpose: To define how to properly conduct a blood pressure cuff comparison visit.

Procedure: Patient walks into clinic for a blood pressure cuff comparison visit OR this is done while in a visit with a provider.

- Instruct the patient to be relaxed and seated with legs uncrossed and back and arm supported.
- Have the patient in the above seated position for **5 minutes before first measurement.**
- Have the patient check their blood pressure on their Rt arm with their cuff to assure supervision of proper technique.
- Wait 1-2 minutes, then MA to check blood pressure with manual cuff on Rt arm
- Have the patient check their blood pressure on their Lt arm with their cuff to assure supervision of proper technique
- Wait 1-2 minutes, then MA to then check blood pressure with manual cuff on Lt arm.

If either systolic or diastolic is 10 points or higher/lower than our cuff, this would be considered an unacceptable reading and the patient would be encouraged to get a new blood pressure cuff.